

Menu 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Snack	Tomatoes, green beans	Peppers, sugar snap peas	Peas, carrots	Cucumber, sweetcorn	Apple, cheese
Main course	Cheese & Onion flan Sweetcorn New potatoes	Turkey meatballs Pasta Carrots	Roast chicken Roast potatoes Cabbage Gravy	Spaghetti bolognese Peas	Homemade fish fingers Jacket potatoes Baked beans
Alternative	As above	Quorn meatballs	Cauliflower cheese	Vegetarian spaghetti bolognese	Homemade vegetable nuggets
Pudding	Fruit	Apple & oat crumble Custard	Fruit	Bananas and Custard	Semolina
Tea	Cheese on toast Fresh fruit	Bacon & tomato muffins Fresh fruit	Mixed sandwiches Fresh fruit	Yoghurt Homemade apple & oat bites Fresh fruit	Wraps Cucumber & tomatoes Fresh fruit